



Indian Red Cross Society

MANIPUR STATE BRANCH

E-NEWS BULLETIN (OCTOBER-DECEMBER, 2025)

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From the Desk of the Chairman



Narendra Ningomba
Chairman
Indian Red Cross Society, Manipur State Branch

On the eve of the New Year 2026, I extend my heartfelt wishes to all our esteemed volunteers. I pray to the Almighty that we may continue our tireless service for the welfare of the people with renewed vigour, strength, and commitment.

Since its inception, the Indian Red Cross Society, Manipur State Branch has always stood by the people in times of need, whether during epidemics, pandemics, or other humanitarian crises. The ethnic violence that began on 03 May 2023 not only disrupted the peace and harmony of the State, but also resulted in the loss of many precious lives and the destruction of numerous homes and properties. As a result of this unfortunate situation, many families were forced to seek shelter in relief camps.

During this difficult period, the Indian Red Cross Society, Manipur State Branch took proactive initiatives to provide basic commodities and daily necessities to the affected families. In addition, psychological support was extended through the organization of awareness and support programs to help the victims cope with trauma and distress. We have faced many challenges due to the lack of adequate support from the Government.

Nevertheless, we are deeply grateful to all our supporters and well-wishers who extended their help selflessly during these trying times. Our volunteers, however, deserve the highest respect and recognition for their selfless sacrifices. It is because of their unwavering dedication to humanitarian service that the mission of the Indian Red Cross Society continues to move forward with positive impact. I once again humbly request our volunteers to continue their noble work with the same unrelenting spirit and undying commitment.

This quarterly e-Bulletin of the Indian Red Cross Society, Manipur State Branch aims to present a clear picture of our numerous charitable activities to the general public. We sincerely hope that this will encourage continued support and generous assistance from all.

A handwritten signature in black ink, appearing to read 'Narendra'.

Narendra Ningomba
Chairman
Indian Red Cross Society, Manipur State Branch

Message from General secretary, Manipur State Branch



Dear Patrons, Vice Patrons, Life Members, Officials, and Volunteers of all District Branches, warm greetings to you all on the occasion of the New Year. I wish each one of you a happy, healthy, and prosperous New Year.

I sincerely congratulate all the District Branches and every individual involved for the successful release of the E-Bulletin from October to December 2025. Your dedication and collective efforts are truly commendable and reflect the strength of our organisation.

As we step into the New Year, let us commit ourselves to staying healthy and strengthening our knowledge by refreshing our understanding of the 7 Fundamental Principles and the basics of humanitarian service. These principles serve as guiding factors for our volunteers and define the values we stand for.

We must ensure that our actions do not harm the community or our volunteers. We should never discriminate against anyone and must always prioritise the needs of the most vulnerable. Before taking any action or responding to a situation, it is essential to gather all possible information so that our work is carried out smoothly and responsibly. Whenever required, we should also keep the concerned authorities informed. This is for our safety and for the safety of the community.

Last but not least, I would like to thank you for sparing your valuable time and efforts for the betterment of the communities.

Let us move forward together with compassion, responsibility, and commitment to humanity.

With deep appreciation,



Mr. Athokpam Nabachandra
Honorary General Secretary
Indian Red Cross Society
Manipur State Branch

**IRCS, Manipur State Branch
State Activities Report**

State Management Body, IRCS, Manipur State Branch:

1. Shri. Ajay Kumar Bhalla - President IRCS, MSB and Hon'ble Governor of Manipur
2. Dr. R.K. Nimai Singh - Vice President, IRCS, Manipur State Branch
3. Shri Narendra Ningomba - Chairman
4. Dr. Laishram Manglem Singh - Vice Chairman
5. Naoroibam Premjit Singh - Honorary Treasurer
6. Dr. Koijam Arunkanta Singh - Member
7. Paothan Luikham - Member
8. R.S. Abel - Member
9. Hemem Sotojit - Member
10. Dr. Senjam Sunil Singh - Member
11. L. Jaminikanta Singh - Member
12. Laishram Kuber Meetei - Member
13. Dr. Ksh. Manglem Singh - Member
14. Temuidou Makunga - Member

Nominees from State Government and St John's Ambulance-

15. L. Nabachandra Singh - Manipur Fire Service
16. Ngangom Uttam Singh - Social Welfare Department
17. Representative from Education (S) Department
18. Representative from Relief and Disaster Department
19. Representative from St, John's Ambulance

Executive committee, IRCS, Manipur State Branch:

1. Shri Narendra Ningomba - Chairman
2. Dr. Laishram Manglem Singh - Vice-Chairman
3. Athokpam Nabachandra - Honorary General Secretary
4. Naoroibam Premjit Singh - Honorary Treasurer
5. Dr. Koijam Arunkanta - Member
6. Dr. Senjam Sunil Singh - Member
7. Hemem Sotojit Singh - Member
8. Laishram Kuber Meetei - Member
9. Dr. Nambram Amulkumar Singh - Member
10. A. Gyaneshwor Sharma - Member
11. Dr. Thokchom Bankim Singh - Member
12. W.S. Palti - Member
13. Yurembam Sanjit Singh - Member

Highlights of Activities Through the Lens of the State Branch (October-December 2025)

Activities of the Indian Red Cross Society, Manipur State Branch

1. 05-10-2025:

The Indian Red Cross Society, Manipur State Branch, organized a *Felicitation Ceremony for Recent Flood Response Volunteers* to recognize and appreciate the dedicated service rendered during the recent flood emergency. The program was held to acknowledge the selfless efforts, commitment, and resilience of volunteers who actively participated in relief and response operations across various affected areas.

Volunteers from Bishnupur, Imphal East, Imphal West, Kakching, and Thoubal districts were felicitated during the ceremony. Each volunteer was presented with an Appreciation Certificate as a token of gratitude for their invaluable contribution to humanitarian service and disaster response. The event also provided an opportunity for interaction, reflection, and encouragement among volunteers and organizers. The program concluded with a delicious lunch, fostering camaraderie and strengthening the spirit of unity and volunteerism among all participants.



2. 05-01-2026:

The Indian Red Cross Society, Manipur State Branch, in association with the Indian Red Cross Society, National Headquarters (IRCS, NHQ), organized a *Senior Professional First Aid Training Programme* from 5th to 12th November 2025 at the State Branch conference hall. The training programme was conducted with the objective of enhancing the knowledge, skills, and preparedness of volunteers in providing effective first aid services during emergencies and disasters.

Volunteers from the District Branches of Bishnupur, Imphal East, Imphal West, Kakching, Senapati, and Thoubal actively participated in the training sessions. The programme included both theoretical and practical components, enabling participants to gain hands-on experience in professional first aid techniques. On the final day of the programme, Provisional Certificates were distributed to all successful trainees by the Chairman and Vice Chairman of the Manipur State Branch, marking the successful completion of the training.





18-12-2025:

Jawaharlal Nehru Institute of Medical Sciences (JNIMS), Porompat, Imphal, felicitated the Indian Red Cross Society, Manipur State Branch, on the occasion of its Foundation Day in recognition of the support extended to JNIMS during the recent floods in Manipur. The felicitation acknowledged the timely assistance and dedicated efforts of the State Branch in the safe evacuation of patients from the institute during the flood emergency.



20-01-2026:

The Indian Red Cross Society, Manipur State Branch, in collaboration with the Kakching District Branch, conducted a one-day First Aid Training Programme for NCC Cadets at the Combined Training Camp held at P.R. English School, Kakching. The training aimed to equip the cadets with essential first aid knowledge and practical skills to respond effectively during emergencies and accidents.



The session covered basic life-saving techniques, including wound management, bleeding control, and emergency response procedures. The programme enhanced the cadets' awareness of first aid practices and promoted a spirit of preparedness, discipline, and humanitarian service among the participants.



Highlights of Activities Through the Lens of the District Branches (July–September 2025)

A. IRCS, Imphal East District Branch

02-10-2025:

A Voluntary Blood Donation Camp was jointly organized by the Indian Red Cross Society, Imphal East District Branch, and the Keirao Women Multipurpose Cooperative Society, Langdum, at the Blood Centre, RIMS Hospital. The camp witnessed active participation from voluntary donors, contributing to the collection of safe blood for patients in need. The programme highlighted the importance of voluntary blood donation and strengthened community involvement in humanitarian health services.



04-10-2025:

A one-day First Aid Training Programme was conducted at Vision Foundation School, Keibei Heikak Mapal, Imphal East. The programme aimed to create awareness and impart basic first aid knowledge and skills among participants, enabling them to respond effectively to minor injuries and emergency situations.



05-10-2025:

An Awareness Programme on Voluntary Blood Donation was conducted at Waiton Makha Leikai, Imphal East. The programme focused on educating the community and encouraging eligible individuals to donate blood regularly in support of patients and healthcare services.



13-10-2025:

A one-day First Aid Training Programme was conducted at Huikap High School, Imphal East. The programme aimed to provide basic first aid knowledge and practical skills to participants, enabling them to respond promptly and effectively to common injuries and emergency situations.



12-10-2025 to 14-10-2025:

Ambulance services were provided in support of the Pulse Polio Immunization Programme under the guidance and vision of the Chief Medical Officer (CMO). The service ensured timely transportation and emergency support during the immunization drive, contributing to the smooth and effective implementation of the programme.

16-10-2025:

An Awareness Programme on Voluntary Blood Donation was conducted at Government Dance College, Konung Mamang, Imphal East. The programme aimed to educate students and staff about the importance of voluntary blood donation, highlight its life-saving impact, and encourage active participation in regular blood donation drives to support healthcare needs in the community.



21-10-2025:

On the occasion of National Blood Donation Day, the Indian Red Cross Society, Manipur State Branch, was presented with a Certificate of Appreciation at Babina Speciality Hospital. The recognition honored the State Branch's continuous efforts in promoting voluntary blood donation and supporting the community through timely and organized blood donation initiatives.



28-10-2025:

A Voluntary Blood Donation Camp was organized at the Blood Centre, JNIMS Hospital. The camp encouraged community members to contribute to the lifesaving cause of blood donation, promoting awareness about its importance and ensuring the availability of safe blood for patients in need. The event also highlighted the role of volunteers and local organizations in supporting healthcare initiatives.



02-11-2025 to 09-11-2025:

A First Aid Post was set up at Khuman Lampak Hockey Stadium during the event organized by Hockey Legacy. The post provided immediate medical assistance and first aid support to players, officials, and spectators throughout the duration of the event.



12-12-2025:

A Mock Drill was conducted at Kongba Bazar under the guidance of the District Administration, jointly organized by NDRF, SDRF, and IRCS Imphal East. The exercise aimed to enhance disaster preparedness, emergency response coordination, and community awareness.

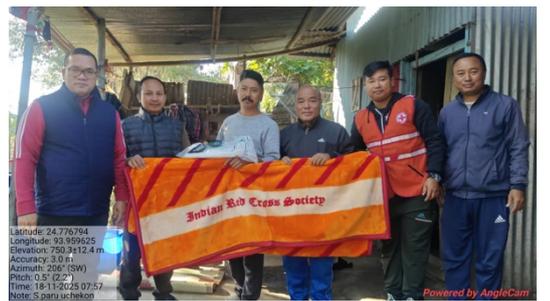


15-11-2025:

The Indian Red Cross Society, Manipur State Branch, distributed tarpaulins to the members of IDPs at Khambam Chubrai Thong, Imphal East, to provide temporary shelter and basic relief.

18-11-2025:

The Indian Red Cross Society, Manipur State Branch, distributed relief materials, including blankets and mosquito nets, to needy families affected by the recent floods at Kongba Uchekon Konsam Leirak, Imphal East, to provide immediate support and protection.



21-11-2025 to 30-11-2025:

A First Aid Post was set up at Hapta Kangjeibung during the Sangai Festival, Manipur, to provide immediate medical assistance and first aid support to visitors, participants, and staff, ensuring their safety and well-being throughout the event.



30-11-2025:

The Indian Red Cross Society, Manipur State Branch, distributed 37 blankets to residents of two different villages, Sinam Kom and Thangkhum Khuningtek, to provide warmth and relief to families in need during the colder season.



01-12-2025 & 02-12-2025:

A First Aid Post was set up at Kabongfut Playground, Nongpok Sanjenbam, Imphal East, during the Yubi Lakpi Tournament sponsored by PDS. The post provided immediate medical assistance and first aid support to players, officials, and spectators, ensuring their safety and well-being throughout the sporting event.





09-12-2025:

A team from IRCS Imphal East, along with representatives of the IRCS Manipur State Branch, paid a formal visit to the Hon'ble Governor of Manipur, who also serves as the President of IRCS Manipur State Branch. The meeting focused on reviewing ongoing humanitarian activities, discussing the impact of recent relief initiatives, and planning future programs to strengthen community service, disaster preparedness, and volunteer engagement across the state.



12-12-2025:

A Voluntary Blood Donation Camp was jointly organized by IRCS, Imphal East District Branch, and the Department of Vocational Skill Development, Manipur University, at the Blood Centre, RIMS Hospital. The camp encouraged students, staff, and community members to donate blood voluntarily, raising awareness about its life-saving importance and ensuring a steady supply of safe blood for patients in need. The initiative also strengthened community engagement and promoted the spirit of humanitarian service among all participants.



13-12-2025:

The Indian Red Cross Society, Manipur State Branch, in collaboration with the IRCS Imphal East District Branch, organized a reception programme to honor Shri Narendra Ningom, the recipient of the prestigious Manipur State Kala Akademi Award. The event provided an opportunity to celebrate his outstanding contributions to the arts, recognize his achievements, and strengthen community engagement by bringing together volunteers, officials, and members of the public in a formal felicitation ceremony.



18-12-2025:

The Indian Red Cross Society, Manipur State Branch, distributed 21 blankets to needy individuals at Takhel, Teraphai Village, Imphal East. This initiative aimed to provide warmth and essential relief to families facing hardships during the colder season, while also raising awareness about the importance of community support and humanitarian assistance in addressing basic needs.



18-12-2025:

The Indian Red Cross Society, Manipur State Branch, distributed six blankets to needy individuals at Kongpal Mutum Leikai. This initiative was aimed at providing warmth and essential relief to families facing difficulties during the colder season, while also emphasizing the importance of community support and humanitarian assistance in meeting the basic needs of vulnerable populations.



27-12-2025:

A one-day Basic First Aid Training Programme was conducted at Sinam Kom, Imphal East, organized by the Indian Red Cross Society, Manipur State Branch. The programme aimed to provide participants with essential first aid knowledge and practical skills, enabling them to respond effectively to minor injuries and emergencies, while also promoting awareness about the importance of timely medical assistance and community preparedness.



28-12-2025:

A one-day Basic First Aid Training Programme was conducted at Waiton, Imphal East, organized by the Indian Red Cross Society, Manipur State Branch. The programme focused on equipping participants with essential first aid knowledge and practical skills to manage minor injuries and emergencies effectively.



28-12-2025:

Relief materials were distributed to the family whose house was completely destroyed by fire at Phaknung, Imphal East. The Indian Red Cross Society (IRCS), Imphal East District Branch, provided essential items, including hygiene kits, blankets, kitchen sets, and tarpaulins, to support the family during this difficult time. The distribution aimed not only to meet their immediate needs but also to provide comfort and assistance, highlighting the importance of community solidarity and humanitarian support in times of crisis.



B. IRCS, JIRIBAM DISTRICT BRANCH

13-17 October 2025:

As part of CPR Awareness Week, the Indian Red Cross Society, Jiribam District Branch, in association with District Hospital Jiribam, conducted a comprehensive CPR demonstration programme at Delt/20th BN CRPF, Jiribam, within the DC Office campus. The programme aimed to educate personnel and community members about the importance of cardiopulmonary resuscitation (CPR) in saving lives during cardiac emergencies. Participants received hands-on training, learned essential techniques, and were encouraged to promote CPR awareness in their respective communities to strengthen overall emergency preparedness.



4-11-2025:

The Indian Red Cross Society, Jiribam District Branch, actively participated in the Unity March organized by the District Administration of Jiribam. The event aimed to promote communal harmony, solidarity, and a spirit of cooperation among the people of the district.



27, 28 & 30 December 2025:

The Indian Red Cross Society, Jiribam District Branch, distributed blankets and tarpaulins to different communities across Jiribam District. The relief materials were provided to residents of eight villages, including Kalinagar, Babupara, Dibong, Chingdongleikai, Champanagar, Ningthembam, Kadamtala, and Babupara Pangal Tabi. This initiative aimed to provide essential support and protection to families facing hardships during the colder season, while also promoting community welfare and demonstrating the commitment of the Red Cross in addressing the immediate needs of vulnerable populations.



C. IRCS, KAKCHING DISTRICT BRANCH

30-10-2025 – Voluntary Blood Donation Camp, Kakching:

A Voluntary Blood Donation Camp was successfully organized by the Indian Red Cross Society, Kakching District Branch, at the Office of the Superintendent of Police, Kakching, on 30th October 2025, in connection with Rashtriya Ekta Diwas (National Unity Day). The camp encouraged police personnel, community members, and volunteers to donate blood voluntarily, raising awareness about the importance of blood donation in saving lives. The initiative not only helped maintain a safe and sufficient blood supply for patients in need but also strengthened community participation and reinforced the spirit of service and humanitarian responsibility.



16-11-2025 – Save Environment Campaign, Kakching:

The Indian Red Cross Society, Kakching District Branch, conducted a Save Environment awareness campaign on 16th November 2025, focusing on promoting clean air and a healthier environment. As part of the campaign, volunteers displayed anti-stubble burning messages across key locations to educate the public about the harmful effects of stubble burning on health and the environment. The initiative aimed to raise awareness, encourage environmentally responsible practices, and engage the community in collective action to protect natural resources and improve local air quality.



02-12-2025 – World AIDS Day Observation, Kakching:

Volunteers from the Indian Red Cross Society (IRCS), Kakching District Branch, actively participated in and supported the observation of World AIDS Day held on 2nd December 2025 at Healing Point (IRCA), Kakching. The event aimed to promote awareness about HIV/AIDS, encourage preventive measures, and highlight the importance of healthy living. Through participation in discussions, awareness sessions, and community engagement activities, the volunteers helped educate attendees on safe practices, reduce stigma, and foster a supportive environment for people affected by HIV/AIDS.



16-12-2025 – Blood Donation Camp, Wangoo, Kakching:

The Indian Red Cross Society, Kakching District Branch, in collaboration with IRCS Bishnupur Branch, organized a Voluntary Blood Donation Camp at Wangoo, Kakching District, on 16th December 2025. The camp encouraged community members, local volunteers, and residents to participate actively in life-saving blood donation. In addition to collecting safe blood for patients in need, the initiative aimed to raise awareness about the importance of voluntary blood donation, promote a culture of service, and strengthen community engagement in humanitarian activities.



18-24 December 2025 – First Aid Demonstration, NCC Camp, Kakching:

Volunteers from the Indian Red Cross Society, Kakching District Branch, conducted a practical First Aid Demonstration during the NCC Combined Annual Training Camp held at P.R. English School, Kakching, from 18th to 24th December 2025. The sessions aimed to sensitize NCC cadets on essential emergency response techniques and life-saving skills, including wound management, basic CPR, and first aid procedures for common injuries. Through hands-on training and demonstrations, the cadets gained practical knowledge to act effectively during emergencies, while fostering a sense of preparedness, discipline, and humanitarian responsibility.



D. IRCS, SENAPATI DISTRICT BRANCH

18-10-2025:

An 18-year-old college student tragically drowned in the Barak River at Karong. The Indian Red Cross Society (IRCS) support team promptly assisted in the rescue operation, helping to retrieve the deceased and transporting the mortal remains to his native village at Mahika Tungjoy, under Kangpokpi. The team coordinated with local authorities and community members to ensure the recovery was conducted safely and respectfully. This intervention highlighted the critical role of IRCS volunteers in emergency response and humanitarian assistance during accidents and natural mishaps.



29-10-2025:

The Indian Red Cross Society, Senapati Branch, assisted as the first medical responder during the civic reception at Senapati District Headquarters on the visit of Th. Muivah. The team ensured immediate medical support for attendees and dignitaries throughout the event.



15-11-2025:

The Indian Red Cross Society, Senapati Branch team assisted with ambulance support during the All India Football Federation (AIFF) Youth League U-18 home match at the Senapati Astro Turf Ground. The team was present throughout the match to ensure prompt medical care and safe transportation if required.



08-12-2025:

The Indian Red Cross Society, Senapati Branch, participated as the medical support team during the Curtain Raiser event of the Half Marathon Race for the BARAK Festival 2025. The team provided on-site first aid and medical assistance to participants, volunteers, and spectators, ensuring safety and prompt care throughout the event.



12-12-2025:

The Indian Red Cross Society, Senapati Branch, participated in the public interaction program during the maiden visit of Her Excellency, the President of India, Smt. Droupadi Murmu, at Senapati District Headquarters. The team assisted in providing first aid and medical support for attendees, ensuring safety and preparedness throughout the program while coordinating with local authorities.



13-12-2025:

The Indian Red Cross Society, Senapati Branch, warmly welcomed and actively participated in the 4th State Level Barak Festival 2025 held at Zeilipou, Senapati District. The event featured a cultural session inaugurated by the Hon'ble Governor of Manipur and IRCS State President, Shri Ajay Bhallaji, along with his wife as Chief Guests. The IRCS team assisted in managing the event, provided first aid support, and ensured the safety and well-being of participants and attendees throughout the celebrations.



28-12-2025:

The Indian Red Cross Society, Senapati Branch, attended and extended a warm welcome to the Hon'ble Governor of Manipur and Nagaland, who is also the IRCS State President, during the Mao Student Union Sports Meet 2025 held at Punanamei, Mao, Senapati. The Governor served as the Chief Guest for the inaugural ceremony. The IRCS team provided first aid support and assisted in ensuring the safety and well-being of students, participants, and spectators throughout the event, highlighting the Society's active role in community and youth engagement.



E. IRCS, Thoubal District Branch, Manipur

1. The volunteers of Indian Red Cross Society Thoubal district Branch rescued Shrimti. Tongbram Ongbi Ekasini Devi 75 years whose mentally disorder from Athokpam khunou on 9th October 2025 when she has astray roaming at Wangjing and handed over to her family members.



2. Indian Red Cross Society Thoubal District Branch Organised Cardiopulmonary Resuscitation (CPR) From 13th -17th October 2025 at Ruda Academy Thoubal and Slopland public school Khongjom thoubal District respectively.



3. Voluntary blood donation camp with 46 Assam Rifle, in Association with Department of Transfusion Medicine, RIMS on 31st October 2025 Total Nos. of Blood donors are 36.



4. Indian Red Cross Society Thoubal District branch organized one day Blood Donation Awareness Programme on 17th November 2025 at waikhom Mani Girl College, Thoubal in association with Department of transfusion & Medicine, RIMS Imphal, Sponsor by State Blood Trasfusion Council, Manipur.



5. Indian Red Cross Society Thoubal District branch Providing Relief Materials to the Ex-Pradhan Md. Abdul Warish Thoubal Moijing Thoubal District which House fire burned out on 29th November 2025.



6. Indian Red Cross Society Thoubal District branch organized Blood Donation Camp at Blood Center District Hospital Thoubal in associate with HDFC, Thoubal Branch on 5th December 2025.



7. Indian Red Cross Society Thoubal District branch organized Blood Donation Campat Heirok, Thoubal District, in connection with 31st Death Anniversary of Shri Moirangthen Ibotombi (Former Minister, Manipur) in association with Department of Trasfusion & Medicine RIMS, Imphal on 7th December 2025.



8. Indian Red Cross Society Thoubal District Manipur organized Blood Donation Camp at Wangjing S.K. Thoubal District in connection with 56 years birth month of S. Nilam (life Member) Thoubal District Branch on 27th Decemberv2025 at YVA club Building.



9. Shri Kangabam Sadananda Singh, Chairman, Indian Red Cross Society, Thoubal District Branch, Manipur, donated blood for the 16th and final time at the age of 65 on the occasion of his 65th birth anniversary on 6 January 2025 at the Department of Transfusion Medicine, RIMS, Imphal on 31st December 2025.



F. IRCS, IMPHAL WEST DISTRICT BRANCH

7th October, 2025:

On 7th October 2025, the Indian Red Cross Society (IRCS), Imphal West District Branch, established and operated a first aid post at Hiyangthang Lairembi on the occasion of the traditional festival Mera Hou Chongba (Meragi Thanil). The first aid post was set up to provide immediate medical assistance to devotees and the general public attending the event, ensuring prompt response to minor injuries, health concerns, and emergencies throughout the celebration.



12th October, 2025:

On 12th October 2025, the Indian Red Cross Society (IRCS), Imphal West District Branch, observed National Voluntary Blood Donation Day under the theme '*Give Blood, Give Hope – Together We Save Lives.*' On this occasion, a one-day awareness programme was organized at Moidangpok and Iramsiphai in collaboration with Shija Blood Centre, Langol. The programme aimed to promote the importance of voluntary blood donation, create awareness about the life-saving value of blood, and encourage community participation. Through interactive sessions and discussions, the initiative highlighted the spirit of unity, compassion, and social responsibility in saving lives and strengthening the voluntary blood donation movement.



2th October, 2025:

“On 12th October 2025, the Indian Red Cross Society (IRCS), Imphal West District Branch, organized an awareness programme on voluntary blood donation and first aid for the residents of Kwakeithel Mayaikoibi. The programme was conducted with the objective of educating the local community on the importance of voluntary blood donation, basic first aid practices, and timely response during medical emergencies.



13th October, 2025:

On 13th October 2025, the Indian Red Cross Society (IRCS), Imphal West District Branch, observed the *International Day of Disaster Risk Reduction* in collaboration with the Manipur Fire Service at Imprint Science Academy, Changangei. The observance was organized to create awareness on disaster risk reduction and safety measures among students and staff, and to highlight the importance of preparedness, coordination, and timely response during emergencies.

“



15th October, 2025:

On 15th October 2025, the Indian Red Cross Society (IRCS), Imphal West District Branch, observed *Global Handwashing Day 2025* at Netaji Subash Chandra Bose Awasiya Vidyalaya, Imphal West, Lamboikhongnangkhang. The programme included awareness sessions on the importance of Water, Sanitation and Hygiene (WASH), emphasizing the role of proper handwashing in preventing diseases and promoting personal and community health. Students were taught the correct steps of handwashing through practical demonstrations. In addition, the students gained valuable awareness on Cardiopulmonary Resuscitation (CPR) as part of a CPR awareness session, enhancing their understanding of basic life-saving techniques and emergency response.



16th October, 2025:

On 16th October 2025, in observance of *CPR Awareness Week 2025* (13th to 17th October), the Indian Red Cross Society (IRCS), Imphal West District Branch, conducted hands-on CPR training sessions for the jawans of 34 BN CRPF at Langol and the jawans of Group Centre CRPF at Langjing, Imphal West. The training aimed to enhance the participants' knowledge and practical skills in cardiopulmonary resuscitation, enabling them to respond effectively during medical emergencies and strengthen life-saving preparedness among the force.



18th October, 2025:

On 18th October 2025, the Indian Red Cross Society (IRCS), Imphal West District Branch, provided First Aid and Ambulance Services during the *134th Manipur Police Raising Day Run 2025*. The services were arranged to ensure the safety and well-being of participants and the public, with prompt medical assistance available for any health emergencies or minor injuries throughout the event.



19th October – 6th November, 2025:

From 19th October to 6th November 2025, the Indian Red Cross Society (IRCS), Imphal West District Branch, successfully provided first aid support throughout the *38th N. Hazari & Dr. N. Tombi State Polo Tournament, 2025*. The first aid services were rendered to ensure the safety and well-being of players, officials, and spectators during the tournament. On the final day of the event, the IRCS Imphal West District Branch was deeply honored to receive an appreciation from the Manipur Horse Riding & Polo Association in recognition of its dedicated service, commitment, and valuable contribution to the successful conduct of the tournament.



12th November, 2025:

On 12th November 2025, the Indian Red Cross Society (IRCS), Imphal West District Branch, provided First Aid and Ambulance Services during the sports events of *Manipur University Week 2025*. The medical services were arranged to ensure the safety and well-being of participants, officials, and spectators, with timely assistance made available for any injuries or health-related emergencies during the events.



16th November, 2025:

On 16th November 2025, the Indian Red Cross Society (IRCS), Imphal West District Branch, provided first aid support during a one-day MMA Seminar and Sparring Contest held at Langol. The first aid services were organized to ensure the safety and well-being of all participants, trainers, and spectators, enabling prompt medical attention in case of injuries or health-related emergencies throughout the event.



18th November, 2025:

On 18th November 2025, the Indian Red Cross Society (IRCS), Imphal West District Branch, conducted a basic first aid training session for the 65(M) Girls Battalion NCC at Lilasing Khongnangkong High School, Imphal West. The training aimed to equip the cadets with essential first aid knowledge and practical skills, enabling them to respond effectively during medical emergencies. Participants were taught key techniques for treating minor injuries, managing emergencies, and promoting health and safety within their schools and communities.



19th & 20th November, 2025:

On 19th and 20th November 2025, the Indian Red Cross Society (IRCS), Imphal West District Branch, conducted a First Aid Training programme for the staff of the Airport Authority of India at Imphal International Airport. The training aimed to equip the airport personnel with essential first aid knowledge and practical skills to respond effectively during medical emergencies. Participants were trained in handling injuries, providing immediate care, and ensuring the safety and well-being of travelers, staff, and visitors within the airport premises.



21th - 29th November, 2025:

From 21st to 29th November 2025, the Indian Red Cross Society (IRCS), Imphal West District Branch, successfully provided first aid support throughout the *15th Manipur Polo International 2025* held at Mapal Kangjeibung, as well as the *Sagol Kangjei Cup 2025* at Manung Kangjeibung. The first aid services ensured the safety and well-being of players, officials, and spectators during the tournaments. Medical teams were on standby to provide prompt care for any injuries or health-related emergencies, contributing to the smooth and safe conduct of these prestigious polo events.



9th December, 2025:

On 9th December 2025, volunteers of the Indian Red Cross Society (IRCS), Imphal West District Branch, donated blood at the RIMS Blood Bank. This initiative was part of the ongoing efforts to promote voluntary blood donation and support life-saving medical services.



11th December, 2025:

On 11th December 2025, the Indian Red Cross Society (IRCS), Imphal West District Branch, successfully provided first aid support for the exhibition matches of Traditional Sagol Kangjei and Women's Polo during the visit of the Honourable President of India, Smt. Droupadi Murmu, who also serves as the President of IRCS, NHQ, at Mapal Kangjeibung, Imphal. The first aid teams were deployed to ensure the safety and well-being of players, officials, and spectators during the high-profile event. The IRCS team was on standby to respond promptly to any



medical emergencies, demonstrating readiness, professionalism, and commitment to public safety during this prestigious occasion.



5th – 18th December, 2025:

From 5th to 18th December 2025, the Indian Red Cross Society (IRCS), Imphal West District Branch, provided first aid support throughout the *2nd DGAR Men's and Women's Polo Championship 2025*. The first aid teams were deployed to ensure the safety and well-being of all players, officials, and spectators during the tournament. Prompt medical assistance was made available for any injuries or health-related emergencies, contributing to the smooth, safe, and successful conduct of this prestigious polo championship.



18th December, 2025:

On 18th December 2025, the Indian Red Cross Society (IRCS), Imphal West District Branch, was honored with a Certificate of Appreciation for the assistance rendered to JNIMS during the floods earlier in 2025.



The certificate was presented by the Hon'ble Governor of Manipur, Shri Ajay Kumar Bhalla,

on the occasion of the 18th Foundation Day of JNIMS and the 9th Foundation Day of the Dental College, JNIMS. The recognition acknowledged the dedicated service, timely support, and humanitarian efforts of the IRCS team in providing relief and assistance during the flood emergency.

24th December, 2025:

“On 24th December 2025, the Indian Red Cross Society (IRCS), Imphal West District Branch, installed donation boxes at Imphal International Airport to collect funds for humanitarian assistance. The installation ceremony was attended by the Superintendent of Police (Imphal West), the President and Members of the Red Cross Society, and the Airport Director. On the same occasion, a Memorandum of Understanding (MoU) was signed between IRCS, Imphal West District Branch, and the Airports Authority of India, Imphal International Airport, formalizing their collaboration to promote voluntary contributions and support humanitarian initiatives in the region.



Red Cross Principles and Red Cross Emblem



Activities Photo Report of IRCS Bishnupur District Branch from October 2025 to 17 January 2026.





